

LOW RISK (NC1) CONFINED SPACE AWARENESS

COURSE DURATION: 1 DAY

COURSE OVERVIEW

This one-day course is designed for anyone that needs to undertake confined space activities.

The course covers:

- Legislation.
- Hazard identification.
- Associated risks.
- How to plan for an emergency evacuation within a confined space.

BENEFITS

Learning through theory and practical exercises, delegate will receive guidance to meet the requirements of the Confined Space Regulations 1997.

All delegates will develop their understanding of:

- Hazards that may be encountered when working in a confined space.
- Correct safety and working practices that should be adopted.

COURSE OBJECTIVES

This course is designed for low risk NC1 environments where safety awareness is required.

OUR APPROACH

Our trainers use practical examples that are relevant and engaging so that delegates can transfer their new knowledge and skills from the classroom to the workplace.

COURSE CONTENT

- Overview of relevant current legislation and confined space regulations.
- Problems relating to gases and gas detection.
- Personal protective equipment and hygiene.
- Permits to work and safe systems of work
- Confined spaces risk assessment.
- Escape equipment and correct use.

Delivery: On-site (up to 10 delegates)
£495.00 plus VAT



**LOW RISK (NC1)
CONFINED SPACE AWARENESS**

Passport cards available.



The holder of this card has passed
WORKING SAFELY

Approved **Recognised**

NDC (Safety Services) Ltd, 100, Kingsway, London, W2 7JL
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