# Stroke Awareness

#### **CPD** Approved

#### Summary

Strokes are the fourth single leading cause of death in the UK, as well as a leading cause of disability. Being aware of the causes and symptoms will help you act fast in a situation where you suspect someone is having a stroke and provide them with the best chance of receiving the treatment they need and minimising the long term impact of the condition.

This course will cover the types of strokes, the symptoms, and risk factors. It will also cover the treatment options and the longer term impact of the condition.

#### **Target Audience**

This course is aimed primarily at people working in adult care as they are likely to be working closely with people that are most at risk of having a stroke.

#### Advantages

Having a knowledge of the symptoms of stroke can equip you to identify these and act quickly if you are in contact with someone who has a stroke. The quicker medical treatment can be administered to the person suffering a stroke the better the outcome is likely to be.

Online training is flexible, efficient and cost effective meaning the candidate can progress through the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

### **Further Progression**

There are a lot of courses in our health and social care suite that would make great follow ups to this course and if you are in the adult social care sector then they would all provide valuable additions to your knowledge.

Specific topics that compliment this directly are Diabetes Awareness, Dementia Awareness and Epilepsy Awareness as these are all conditions that can either increase the risk of having a stroke or develop after someone has had a stroke.

Course	Module	Module Name	Pass %
	Number		Required
Stroke Awareness	1	Signs and Symptoms	70
Stroke Awareness	2	Types of Stroke and Their Causes	70
Stroke Awareness	3	Diagnosis, Treatment and Recovery	70
Stroke Awareness	4	Post Stroke Problems and Care	70

## **Recommended System Requirements**

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 55 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).